

Mantas \$195/mth

Day	AM	PM
Monday	5:15-7:30	3:45-6:00
Tuesday	5:15-7:30	4:00-5:00 (G)
Wednesday	5:15-7:30	3:45-6:00
Thursday	5:15-7:30	4:00-5:00 (G)
Friday	5:15-7:30	3:45-6:00
Saturday	6.15-10.00 (G)	
Sunday		

G = Gym

**Woree Sports & Aquatic Centre
weekly squad training times****Leopards \$170/mth**

Day	AM	PM
Monday	6:15-7:30 (G)	3:45-5:30
Tuesday		3:30-5:15
Wednesday	5:45-7:30	3:45-5:00 (G)
Thursday		3:30-5:15
Friday	6:15-7:30 (G)	3:45-5:30
Saturday	8:15-10:00	
Sunday		

Times are indicitive of arrival which
includes dry land
warm up/stretching

Skates \$145/mth

Day	AM	PM
Monday		
Tuesday		5:00-6:15
Wednesday		
Thursday		5:00-6:15
Friday		4:45-6:00
Saturday	8:45-10:00	
Sunday		